

EXERCISE AND SPORTS STUDIES

Associate in Applied Science

Prescribed Technical Program	45
General Education	15-16
Total Degree Credits	60-61

Prescribed Technical Program Requirements

Clinical Exercise Science Program Certificate (32 credits) ¹	32
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OR

Select two of the following Program Certificates (32 credits total): ¹

Exercise Science		
Sport & Fitness Entrepreneurship		
Sport & Fitness Management		
Sport & Fitness Pedagogy		
Sport & Fitness Technology		
HPER 210	First Aid, CPR and AED	1
HPER 214	Sociological Perspectives in Sport and Fitness*	3
HPER 242	Intro to Kinesiology*	3
HPER 297	Cooperative Education/Internship	3
PSYC 207	Introduction to Sports and Performance Psychology	3
	Total Credits	45

General Education Requirements

<i>Arts & Humanities/Social & Behavioral Sciences</i>		
SOC 235	Cultural Diversity	3
<i>Business, Math, Science & Technology</i>		
BADM 281	Organizational Behavior	3
Select one of the following:		3-4
MATH 103	College Algebra	
MATH 210	Elementary Statistics	
<i>Written or Oral Communications</i>		
ENGL 110	College Composition I (Required)	3
ENGL 120	College Composition II	3
or ENGL 125	Introduction to Professional Writing	
or COMM 110	Fundamentals of Public Speaking	
	Total Credits	15-16

1

Students completing the Clinical Exercise Science Program Certificate only need to complete one certificate. Students not choosing to complete the Clinical Exercise Science Program Certificate will need to select **TWO** of the following certificates to fulfill the AAS degree requirements: Exercise Science, Sport & Fitness Pedagogy, Sport & Fitness Technology, Sport & Fitness Entrepreneurship, or Sport & Fitness Management.