

MDU RESOURCES COMMUNITY BOWL COVID-19 RULES

If you answer yes to any of these questions you should not enter this facility. Do not return to this facility until you have medical clearance from a doctor.

1. Do you have a fever?
2. Do you have a cough?
3. Do you have a sore throat?
4. Are you experiencing shortness of breath?
5. Have you had close contact or are you caring for someone with Covid 19?

Facility Use Rules/Guidelines

Stay home if they are not feeling well.

Vulnerable individuals should not participate in workouts.

Public bathrooms are available on the west side of the locker room building. Locker rooms will not be made available.

Drinking water is not available at the Bowl. Public fountains have temporarily been shut off. Please bring your own drinking water and do not share drinking containers.

Please exit the facility upon the conclusion of your workout. Please continue to practice social distancing as you exit.

Group Activities

Multiple groups are allowed in different areas at this facility. (Must practice social distancing – 6 feet)

15 maximum in each group including coaches and staff.

Athletes should plan to arrive no more than five minutes before their scheduled workout. Athletes will remain in the vehicle until the group is called to the field.

No more than three groups at a time are allowed in the facility.

Group participants need to remain the same from day-to-day.

Equipment should not be shared between groups.

Workout clothes should be washed after each workout.

All Athletic equipment, including balls, should be cleaned intermittently during workouts.

These rules/guidelines are subject to best reflect the ND Smart Restart guidelines/directives.