1. Access the NDUS Help Center page.

2. Select [Find my User ID] from the menu on the left.

3. Enter your National ID (SSN) without dashes, Name and Date of Birth (MM/DD/YYYY), then click [Submit].

4. Your User ID will display at the bottom of the page under Results.

For assistance or questions concerning your NDUS Account, contact the North Dakota University System Help Desk at 1-866-457-6387 or visit https://helpdesk.ndus.edu/.