

# EXERCISE AND SPORTS STUDIES

EXPERIENCED INSTRUCTORS • ON-CAMPUS  
ONLINE • STACKABLE CERTIFICATES



The future professional workforce of the sports and exercise industry is evolving as digital technology advances. This not only creates skill gaps in the current workforce but also creates new job opportunities as these traditional jobs have been transformed.

## CAREER opportunities

- Sport Performance Specialist
- Personal Training Coordinator
- Exercise Specialist
- Wellness Coach
- Event Specialist
- Performance Enhancement Specialist
- Facility Manager
- Sports Marketing Specialist
- Virtual Movement Coach

## HANDS-ON LEARNING. WORKFORCE READY.

Turn your passion for health and exercise into a lifelong career!

The Exercise and Sports Studies Program offers an option to earn an Associate of Applied Science (AAS) degree by stacking together career focused, short-term certificates. The program has a variety of focus areas including, sports, fitness, wellness, management, and entrepreneurship. These options will give you the skill set to jump into the workforce or advance your career potential through continued education.

### CERTIFICATES (16 credits each, unless listed otherwise)

#### EXERCISE SCIENCE

\*SPORT AND FITNESS PEDAGOGY

SPORTS ENTREPRENEURSHIP

#### SPORTS AND FITNESS MANAGEMENT

\*SPORT TECHNOLOGY AND FITNESS TECHNOLOGY

CLINICAL EXERCISE SCIENCE (32 CREDITS)

\*These programs will not be offered 2023/2024

### EXERCISE AND SPORTS STUDIES (AAS)

This degree prepares students for employment in multiple health and exercise related positions. Students will choose two certificates that, when bundled, provide areas of focus that build into an AAS degree. This degree is a combination of certificate credits and general education courses totaling in 60+ credits. Students can then choose to continue with a bachelor's degree at BSC or another institution.

**PRESCRIBED TECHNICAL PROGRAM**

**45 CREDITS**

**GENERAL EDUCATION**

**15-60 CREDITS**

**TOTAL DEGREE CREDITS 60-61 CREDITS**

### PRESCRIBED TECHNICAL PROGRAM REQUIREMENTS (32 CREDITS)

**CERTIFICATE**

**16 CREDITS**

Choose one: Exercise Science, Sport and Fitness Pedagogy, Sport Entrepreneurship, Sport and Fitness Management, Sport and Fitness Technology, Clinical Exercise Science\*\*

\*\*Please note this is a 32-credit hour certificate. With this certificate, students would not be required to take an additional certificate.

**CERTIFICATE**

**16 CREDITS**

Choose one: Exercise Science, Sport and Fitness Pedagogy, Sport Entrepreneurship, Sport and Fitness Management, Sport and Fitness Technology

**TOTAL CREDITS 32 CREDITS**



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\*Earning estimates were provided by Emsi Burning Glass in the Spring of 2022.