BSC Food Services is proud to offer you a wide variety of options as part of your affordable meal plan. With the BSC Mystic Standard Plan, if you spend around $8.50 per meal you’ll eat well all semester.

**FOOD FOR EVERY MOOD**
From the salad bar to the entrée of the day, from soup to a burger and fries from the grill you’ll find a wide variety of delicious and nutritious food choices every day.

**GRAB AND GO**
In a hurry? Not feeling well? BSC offers two services to ensure that you have the food you need for days when sitting down to eat isn’t an option.

a. **Grab and Go**: You can grab a sandwich, yogurt, breakfast bar, veggies, chips and more, to eat anytime throughout your busy day.

b. **Daily meals to go**: Stop in during regular Mystic Marketplace hours to get one or more of your meals for the day to go. Pack a cooler or take your meal(s) back to your room to eat later.

**TRACK YOUR BALANCE**
Take your receipt after each transaction to track your meal plan balance.

**TREAT A FRIEND OR FAMILY**
Meal plan dollars are available for you to provide meals for friends or family in the Mystic Marketplace throughout the semester.

**MYSTIC JAVA**
Meal plan dollars are available in Mystic Java for your morning wake up or afternoon pick-me-up.
The BSC Mystic Standard Meal Plan is designed and priced to provide you with meals over the course of the entire semester when you average approximately 10 meals per week at an average of $8.50 per meal.

- Track your remaining meal plan dollars by taking your receipt after each transaction.
- Meal plan dollars are available to provide meals for your family and friends in the Mystic Marketplace as often as you’d like.
- Meal plan dollars are available for your food and beverage purchases at Mystic Java at your discretion.
- Unused meal plan dollars will be refunded at the end of the academic year.
- Your meal plan includes grab-and-go items and meals to go.
- Items sold at the Mystic Marketplace and Mystic Java are not available in bulk.
- Only you are able to purchase food and beverages with your meal plan. You may be asked for additional identification at the time of purchase. This is for your security, in the event your Mystic ID card is lost or stolen.

For more information about the BSC meal plans, visit bismarckstate.edu/life and click on Meal Plans or call 701-224-5452.

Thank you for letting us provide you with the food that fuels your beyond!